

Heat Policy

1. Overview

Frankston Basketball works within the Basketball Victoria guidelines in regards to the Heat Policy.

2. <u>High Temperature Forecast</u>

Where high temperatures are expected game organisers must make reasonable attempts to ensure:

- a) Full knowledge of availability of first aid equipment and first aid and medical personnel is accessible by all persons attending,
- b) Referees and other officials are aware of the symptoms of heat stress and are instructed to be on the alert to notice any such symptoms,
- c) Referees are instructed to initiate regular extra time-outs during the game and to shorten the game if necessary,
- d) Players are made aware of the need to hydrate regularly before and after the game and that facilities are available for them to do so,
- e) Facilities are available for players and other persons to externally cool themselves with water, fans or other facilities,
- f) Adequate supplies of ice and ice packs are available for use where appropriate, and
- g) Proper advice is available to coaches and players on the effects of heat, symptoms of heat stress, the need for proper hydration and the facilities that are available to prevent or treat heat stress.

3. <u>Temperature Readings</u>

Stadiums will be fitted with a thermometer and on hot days court temperature will be taken hourly whilst the stadium is in use. All readings will be logged and kept on permanent record.

4. High Court Temperature

When the court temperature reaches 30° C the stadium supervisor must consider implementing and where the court temperature reaches 35°C, must implement the following timing rules:

- a) the game time will be reduced by 2 minutes per half with 2 team timeouts per half. The clock must stop for each timeout and the referee must call an additional compulsory timeout close to the half way mark in each half. Each team must call a timeout before the compulsory timeout and after the compulsory timeout. In the event the coaches do not call a timeout as required, the referees will intervene and call a timeout and attribute them to the respective teams, and
- b) When the court temperature reaches 40°C games must be abandoned. Final scores will be recorded as specified in section 6.7 of the FDBA Competition By-Laws.